

10 April 2024

Dear Parents and Parent Liaisons,

RE: YEAR 7 INTERSCHOOL SPORT TERM 2

I am writing to let you know about the upcoming Year 7 Interschool sport program that will be run on Mondays during sport time. This program is compulsory for all students, and we have been completing trials at the end of term 1.

- We encourage all students to participate to the best of their ability, and to ensure that they have the correct uniform and footwear for sport. This will help them to fully engage in the activities and enjoy the benefits of the program.
- As per our school policy, we require a medical certificate for any student who misses sports activities due to illness or injury. The medical certificate will help us maintain accurate attendance records and ensure that you do not fall behind in your sports activities.
- Throughout the term, students will be transported to various venues via bus as part of the program. It's important to note that during these excursions, a qualified coach who is not affiliated with VIT may accompany the students. The specific details regarding the venues can be found in the fixture, but please be aware that these locations may undergo regular changes. We strongly recommend that students check their emails weekly for updates on the upcoming destinations.
- On designated interschool sport days and during physical education classes for Years 7-11, students are required to wear the appropriate Alphington Grammar School Sports Uniform. This uniform includes the correct shorts and track pants, and it is essential to ensure that the proper footwear is worn as well. Please refer to the schedule below to determine the specific days when your child is expected to wear the sports uniform.
- **However, there will be times where students will be required to get changed. These times are before/after an enrichment program if the student does not have PE or Sport scheduled on those days.**

See below for the days in which students should be wearing their sports uniform to school.

Year 7 Students

- **Monday is Year 7 Sport** – All Year 7 students are to wear their PE uniform to school.
- 7A & 7D – Wednesday Period 1 & 2 Year 7 PE
- 7B & 7C – Thursday Period 1 & 2 Year 7 PE

Year 7 Sport Term 2 Sports & Fixture:

We are excited to announce the upcoming Term 2 sports program for your child. Please take note of the following important information:

Sports Offered:

- Girls & Boys Badminton
- Girls & Boys Volleyball
- Girls Soccer
- Boys Field Hockey
- Boys Indoor Cricket

Sports Top & Equipment:

- Students participating in Badminton, Volleyball, Soccer, Indoor Cricket & Hockey must purchase the new sports top for competition, this is the multipurpose top.
- The sports top is mandatory and must be worn on game days.
- Please note the second-hand shop does have some stock available for purchase of the sports top.
- Additionally, we would like to highlight the specific equipment requirements for Hockey. **Students who have chosen to play Hockey are required to have a mouth guard.** This is a compulsory safety measure to ensure the well-being of our players during the game.
- Similarly, students playing Soccer must have shin pads and playing boots. Shin pads are also compulsory to protect our players from potential injuries.
- For outdoor sports activities, students are advised to apply sunscreen and, whenever feasible, wear the AGS sports hat for added sun protection.
- Students are reminded to equip themselves with suitable sports footwear on designated sport days to ensure safety and optimal performance.

We understand that the purchase of these items may involve additional costs, and we appreciate your support in providing the necessary equipment for your child's participation in these sports. It is crucial that we prioritize the safety and well-being of our students during sporting activities.

Thank you for your support and please contact Ms. Rahme via email at or@ags.vic.edu.au if you have any queries regarding the program.

Yours sincerely,



Olivia Rahme
Head of PE, Sport and Health P-12