

10 April 2024

Dear Parents and Parent Liaisons,

RE: PRIMARY SPORT/PE INFORMATION TERM 2 2024

3-6 AFL Skills Development Program

Continuing in Term 2, we are pleased to announce that our AFL Skills Program will resume in Week 1. Tailored to enhance the fundamental skills and knowledge of Australian Rules Football, these sessions will be held every Tuesday morning from 8:15 to 8:40 am throughout the term. This program offers students a unique opportunity to develop their proficiency in AFL.

If your child wishes to participate in the running club, please ensure they come dressed in suitable clothing and footwear for running. Additionally, if it is not their scheduled day for Physical Education (PE), they must remember to change into their school uniform after the session.

3-6 AFL SKILLS PROGRAM TERM 2 - LBR					
DATE	TIME	VENUE	PROGRAM		
Tuesday 16 April	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 23 April	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 30 April	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 14 May	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 21 May	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 28 May	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 4 June	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		
Tuesday 11 June	8:15 - 8:40am	On Campus	3-6 AFL Skills Program		

PRIMARY SCHOOL RUNNING CLUB

I'm pleased to announce that the Primary Running Club will continue into Term 2 due to the high level of interest and participation from our students.

The club will meet from 8:20 am to 8:40 am on the following dates in Term 2:

All primary school students are invited to join, regardless of their running ability. Running club offers a fantastic opportunity for children to stay active, enhance their fitness levels, and forge new friendships. If your child wishes to participate in the running club, please ensure they come dressed in suitable clothing and footwear for running. Additionally, if it is not their scheduled day for Physical Education (PE), they must remember to change into their school uniform after the session.

PRIMARY RUNNING CLUB						
DATE	TIME	VENUE	PROGRAM			
Wednesday 17 April	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 24 April	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 1 May	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 8 May	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 15 May	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 22 May	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 29 May	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 5 June	7.30 - 8.30am	On Campus	Running Club + Primary Running			
Wednesday 12 June	7.30 - 8.30am	On Campus	Running Club + Primary Running			

PRIMARY SCHOOL PE CLASSES

Below are the times and days which students are required to wear their PE and sport uniform. Correct Alphington Grammar School Sports Uniform is to be worn to school on scheduled interschool sport days and physical education classes for ELC to Grade 6, see below for the days in which your child is to wear sports uniform.

Our uniform items can be purchased directly from Noone Imagewear, online or at their shop located near campus at 283 Lower Heidelberg Road in Ivanhoe East. For opening times and contact details, please visit <u>their website</u>.

PE & SPORTS UNIFORM DAYS

YEAR LEVEL	PE LESSON 1 PE LESSON 2		SPORT			
ELC	Monday	Thursday				
Prep	Monday	Friday				
Grade 1	Tuesday	Friday				
Grade 2	Wednesday	Friday				
Grade 3	Monday	Wednesday	Tuesday			
Grade 4	Monday	Wednesday	Tuesday			
Grade 5	Wednesday	Thursday	Friday			
Grade 6	Monday	Thursday	Friday			

Please contact me, Ms. Olivia Rahme via email <u>or@ags.vic.edu.au</u> if you have any queries or questions regarding the Primary Sport or PE programs.

Yours sincerely,

Olivia Rahme Head of PE, Sport and Health P - 12