

## The Student Resilience Survey - Parent/Carer letter

Alphington Grammar School  
28 February 2024

The Resilience Project and Resilience Survey  
Dear Parents and Parent Liaisons,

Resilience and wellbeing are key factors to ensure a happy and fulfilling future for our young people.

We are proud to partner with The Resilience Project to assist our students in their wellbeing journey. In order to gain an accurate understanding of our students' strengths and challenges, we will be conducting a resilience survey developed by Resilient Youth Australia and the University of South Australia. In recent years, they have surveyed more than 500,000 Australian school students.

We will administer the Resilience Survey this year online in class time. Students typically take 30-50 minutes to complete the survey.

The data from the survey will be reported in aggregate descriptive form only, by year level and gender, and no individual student responses can be identified.

The Resilience Survey is completely voluntary and anonymous. The survey will provide valuable information to assist us to create and maintain the best culture of wellbeing and resilience that we can.

If you have any questions or concerns regarding your child's participation in this survey project, please contact Ms Olivia Rahme at [or@ags.vic.edu.au](mailto:or@ags.vic.edu.au)

We thank you for your support.  
Kind Regards,

A handwritten signature in black ink, appearing to read 'Olivia Rahme', with a long horizontal line extending to the right.

Olivia Rahme  
Head of Sport, PE and Health P-12

