

24 January 2024

Dear Parents and Parent Liaisons.

RE: Year 8/9 Sports Uniform Requirements & Interschool Sports Term 1 2024

I am writing to let you know that the Year 8/9 Interschool Sport Program, which runs on Thursdays during sport time, will begin week 1 Term 1. This program is compulsory for all students, and we do need your child's participation to make it successful.

We encourage all students to participate to the best of their ability, and to ensure that they have the correct uniform and footwear for sport. This will help them to fully engage in the activities and enjoy the benefits of the program.

As per our school policy, we require a medical certificate for any student who misses sports activities due to illness or injury. The medical certificate will help us maintain accurate attendance records and ensure that you do not fall behind in your sports activities.

Throughout the term, students will be transported to various venues via bus as part of the program. It's important to note that during these excursions, a qualified coach who is not affiliated with VIT may accompany the students. The specific details regarding the venues can be found in the fixture, but please be aware that these locations may undergo regular changes. We strongly recommend that students check their emails weekly for updates on the upcoming destinations.

On designated interschool sport days and during physical education classes for Years 7-11, students are required to wear the appropriate Alphington Grammar School Sports Uniform. This uniform includes the correct shorts and track pants, and it is essential to ensure that the proper footwear is worn as well. Please refer to the schedule below to determine the specific days when your child is expected to wear the sports uniform.

However, there will be times where students will be required to get changed. These times are before/after an enrichment program if the student does not have PE or Sport scheduled on those days.

Year 8 Students

- o **Thursday is Year 8/9 Sport** All Year 8 students are to wear their PE uniform to school.
- 8A & 8C PE is on Tuesday Period 1&2
- o 8B & 8D PE is on Friday Period 6&7

Year 9 Students

- Thursday is Year 8/9 Sport All Year 9 students are to wear their PE uniform to school.
- o 9B & 9D PE is on Tuesday Period 4&5
- o 9A & 9C PE is on Fridays Period 1&2

Year 8/9 Sport Term 1&2 Sports & Fixture:

We are excited to announce the upcoming Term 1&2 sports program for your child. Please take note of the following important information:

Sports Offered:

- Girls & Boys Soccer
- Girls & Boys Basketball
- Girls & Boys Softball
- Boys Field Hockey
- Boys Badminton

Sports Top & Equipment:

- Students participating in Basketball, Soccer, Hockey, Badminton and Softball must purchase the new sports top for competition, this is the multipurpose top.
- The sports top is mandatory and must be worn on game days.
- Please note the second-hand shop does have some stock available for purchase of the sports top.
- Additionally, we would like to highlight the specific equipment requirements for Hockey. Students who have chosen to play Hockey are required to have a mouth guard. This is a compulsory safety measure to ensure the well-being of our players during the game.
- Similarly, students playing Soccer must have shin pads and playing boots. Shin pads are also compulsory to protect our players from potential injuries.
- For outdoor sports activities, students are advised to apply sunscreen and, whenever feasible, wear the AGS sports hat for added sun protection. Specifically, for sports like softball, wearing the hat is permissible even during the game.
- Students are reminded to equip themselves with suitable sports footwear on designated sport days to ensure safety and optimal performance.

We understand that the purchase of these items may involve additional costs, and we appreciate your support in providing the necessary equipment for your child's participation in these sports. It is crucial that we prioritize the safety and well-being of our students during sporting activities.

Thank you for your support and please contact Ms. Rahme via email at <u>or@ags.vic.edu.au</u> if you have any queries regarding the program.

Yours sincerely,

Olivia Rahme

Head of PE, Sport and Health P-12