

24 January 2024

Dear Parents and Parent Liaisons,

RE: PRIMARY SPORT/PE INFORMATION TERM 1 2024

I hope your break was enjoyable for you and your families. As we enter 2024, I'm thrilled to reveal some exciting developments in our Primary Sports Program. There are dynamic changes and upcoming events that promise to enhance the sports experience for our primary students. From thrilling activities to new initiatives, the year ahead holds promising opportunities for our young athletes.

Below are the times and days which students are required to wear their PE and sport uniform. Correct Alphington Grammar School Sports Uniform is to be worn to school on scheduled interschool sport days and physical education classes for ELC to Grade 6, see below for the days in which your child is to wear sports uniform.

Our uniform items can be purchased directly from Noone Imagewear, online or at their shop located near campus at 283 Lower Heidelberg Road in Ivanhoe East. For opening times and contact details, please visit [their website](#).

PE & Sport Uniform Days:

YEAR LEVEL	PE LESSON 1	PE LESSON 2	SPORT
ELC	Monday	Thursday	
Prep	Monday	Friday	
Grade 1	Tuesday	Friday	
Grade 2	Wednesday	Friday	
Grade 3	Monday	Wednesday	Tuesday
Grade 4	Monday	Wednesday	Tuesday
Grade 5	Wednesday	Thursday	Friday
Grade 6	Monday	Thursday	Friday

PRIMARY SPORTS EVENTS TERM 1

1. Swimming Trials Years 3-6 – Wednesday 14th February 2024

On Wednesday 14 February selected students from years 3-6 will be involved in swimming trials held at Ivanhoe Grammar School pool to be selected in the AGS primary swim squad.

More information will be presented to parents of those students selected to trial on the day. Students will voluntarily put their name down for the trials.

Students who are successful in the trials will compete at the Primary District Swimming carnival on Thursday 29 February.

2. 3/4 SPORT TERM 1 PROGRAM:

Please note 3/4 Sport is scheduled for all students on Tuesdays from 2.00 – 3.10pm. Students are to wear their sports uniform on Tuesdays.

Commencing Term 1 Week 3, 3/4 students will be participating in a Fundamental Movement program run by Elite Wellbeing. These sessions will be completed in their scheduled sport lessons on Tuesday afternoons. Professional instructors in these fields will be running these sessions. These sessions are an important part of gross motor skill development for our students, and we are looking forward to the program.

DATE	TIME
Tuesday 13 February	2.00 - 3.10pm
Tuesday 20 February	2.00 - 3.10pm
Tuesday 27 February	2.00 - 3.10pm
Tuesday 5 March	2.00 - 3.10pm
Tuesday 12 March	2.00 - 3.10pm
Tuesday 19 March	2.00 - 3.10pm

3. 5/6 SPORT TERM 1 PROGRAM:

Please note that 5/6 Sport is now scheduled for all students on **Fridays from 10.50 am to 1.10 pm**. Students are required to wear their sports uniform on Fridays.

5/6 students will be involved in sport trials and training throughout Term 1 in preparation of interschool sport commencing in Term 2. Trials/training for round robin competitions will also be conducted during sport time.

5/6 students will be able to access all important information via the 5/6 Sport Teams page. This will be the point of contact for students, and we do ask this is only used for students to communicate to staff of any questions they may have.

Important Term 1 Dates for 5/6 Students:

DATE OF EVENT/TRIALS	INFORMATION
Friday 2 February Sport Selection Term 2 (Netball, Tee ball & AFL Boys)	Students will receive an online Microsoft form to select which sport they would like to be involved in for term 2 interschool sport.
Sport Selection Due Monday 5th February via Microsoft forms	
District Girls & Boys Tennis Trials Friday 9 February	Students will have the opportunity to trial for the District Tennis Round Robin held on Monday 19 February. If your child is successful in making the team more information on the specifics will be sent to you via email.
District AFL Girls Trials Friday 23 February	Students will have the opportunity to trial for the District Girls AFL Round Robin held on Thursday 7th March. If your child is successful in making the team more information on the specifics will be sent to you via email.
District Soccer Girls & Boys Trials Friday 15 March	Students will have the opportunity to trial for the District Soccer Girls & Boys Round Robin held on Friday 19th April. If your child is successful in making the team more information on the specifics will be sent to you via email.

PRIMARY EXTRA CURRICULAR SPORTS PROGRAMS:

3-6 AFL Skills Development Program

We are delighted to bring you some thrilling news about a new and focused initiative within our sports program for Grade 3-6 students.

Commencing in Week 4 of Term 1, we will be launching a dedicated AFL Skills Program tailored to enhance the fundamental skills and knowledge of Australian Rules Football. These sessions will take place every Tuesday morning from 8.15 – 8.40am throughout Term 1, offering students a unique opportunity to develop their proficiency in AFL.

The program is designed not only to improve their athletic abilities but also to foster teamwork, sportsmanship, and a deeper appreciation for the sport. By participating, students will gain valuable insights into AFL strategies, ball handling, and game tactics.

We kindly request that students come prepared with appropriate sports attire and footwear on Tuesday mornings, ready to engage in a dynamic and skill-focused AFL session.

We are confident that this program will not only contribute to their physical well-being but will also instill essential life skills through the exciting world of AFL.

Should you have any questions or require additional information, please feel free to reach out to us.

We are eagerly anticipating a term filled with skill development and enjoyable experiences for your child in the Grade 3-6 AFL Skills Program.

DATE: 3-6 AFL Skills Development Program
Tuesday 27 February
Tuesday 5 March
Tuesday 12 March
Tuesday 19 March
Tuesday 26 March

PRIMARY RUNNING CLUB TERM 1

I am excited to let you know that the Primary Running Club will be back this Term 1, as we have had many students wanting to continue with the program.

The club will run from 8.20am to 8.40 am on the following dates in Term 1:

DATES
Wednesday 21 February
Wednesday 28 February
Wednesday 6 March
Wednesday 13 March
Wednesday 20 March
Wednesday 27 March

All students in primary school are welcome to join, regardless of their running ability. Running club is a great way for children to stay active, improve their fitness levels, and make new friends.

If your child is interested in joining the running club, please ensure that they wear appropriate clothing and footwear for running. It is also important that they arrive at school on time so that they don't miss out on the warm-up and the start of the run.

Please contact me, Ms. Olivia Rahme via email or@ags.vic.edu.au if you have any queries or questions regarding the Primary Sport or PE programs.

Yours sincerely,



Olivia Rahme
Head of PE, Sport, and Health P - 12