



# **SPECIALS**

**TUESDAY 11TH JULY**

**PENNE CARBONARA \$7/\$8**

**WEDNESDAY 12TH JULY**

**CHICKEN PARAMA & CHIPS \$10**

**THURSDAY 13TH JULY**

**PORK ROLL WITH COLESLAW \$8**

**FRIDAY 14TH**

**THAI GREEN BEEF CURRY \$7/\$8**

**MONDAY 17TH JULY**

**LEEK & PUMPKIN OR MINESTRONE \$7**

**TUESDAY 18TH JULY**

**LASAGNA \$8**

**WEDNESDAY 19TH JULY**

**CHICKEN SOUVLAKI \$8**

**THURSDAY 20TH JULY**

**HONEY SOY CHICKEN & RICE \$7/\$8**

**FRIDAY 21TH JULY**

**FULLY LOADED BBQ SAUSAGE IN A ROLL \$6.50**





Alphington  
GRAMMAR SCHOOL

CANTEEN  
SMOOTHIE MENU  
\$7

**SMOOTHIE TO GO**

BLUEBERRIES  
ROLLED OATS  
DATES  
YOUR CHOICE IN MILK  
VANILLA EXTRACT

**CLEAN GREEN**

COCONUT WATER  
CHIA SEEDS  
KALE  
AVOCADO  
BANANA  
HONEY  
FRESH MINT

**POWER SMOOTHIE**

BANANA  
BLUEBERRIES  
GREEK YOGURT  
HONEY  
MILK