

21 June 2023

Dear Parents and Parent Liaisons,

Re: Upcoming Prep - 2 Gymnastics Program in Term 3

We are excited to inform you about the upcoming gymnastics program for our Prep - Grade 2 students, which will commence on Thursday, 13 July. This program will run for a duration of five weeks, concluding on Thursday, 17 August. We believe that this program will offer valuable physical and social development opportunities for our students.

Details of the program are as follows:

Dates: Thursday, 13 July - Thursday, 17 August

Time: 9.30 - 10.30am

Location: Donvale Indoor Sports Centre (DISC)

Transportation: Students will be bused to the sports center leaving at 9.00am and returning to school by 11.00am.

Students will have recess from 11.00 – 11.20am.

DATE	TIME
Thursday 13 July	9.30 - 10.30am
Thursday 20 July	9.30 - 10.30am
Thursday 27 July	9.30 - 10.30am
Thursday 3 August	9.30 – 10.30am
Thursday 10 August	9.30 – 10.30am
Thursday 17 August	9.30 – 10.30am

To ensure a smooth and enjoyable experience for all participants, we kindly request the following:

- Attire: Please ensure that your child comes to school on the designated gymnastics days wearing their Physical Education (PE) uniform. This will allow them to participate comfortably and safely in the activities.
- Drink Bottle: It is essential for each student to bring a labelled drink bottle with them. Staying hydrated during physical activities is crucial for their well-being, and having a personal drink bottle will enable them to do so conveniently.

Thank you for your support and please contact Ms. Rahme via email at <u>or@ags.vic.edu.au</u> if you have any queries regarding the program.

Yours sincerely,

Olivia Rahme

Head of PE, Sport and Health P-12