

# Alphington GRAMMAR SCHOOL

## Enrichment Program

Secondary School



#### **Enrichment Program**

#### Introduction

The Enrichment Program in the Secondary School complements the broad, dynamic classroom curriculum, whilst also offering students the opportunity to immerse themselves in an array of character-building programs. We encourage all students to explore the many activities on offer, in order to broaden their knowledge, learn a new skill and get to know students from across different year levels.

An AGS Enrichment Fair will run during the first week of school providing students with the opportunity to not only learn more about the programs on offer, but to also sign up to participate. The activities will span the areas of music and performing arts, dance, sport, games, debating, STEM Club and many more. An Enrichment Program timetable will be released at the start of Term 1.

All students in secondary years are expected to meet the minimum requirements for enrichment points each semester. Each student must accumulate 20 enrichment points per semester.

At the end of each academic year students will receive a Certificate of Enrichment Achievement by fulfilling their 20 co-curricular points per semester. A Certificate of Enrichment Excellence will be awarded to students who have obtained an excess of 40 co-curricular points per semester.

Students are expected to be engaged participants in their chosen activity, and in order to satisfy their enrichment tally of points an attendance rate of 90% must be maintained. The program will offer a bespoke experience for each student and an opportunity to develop lifelong skills.

## SPORT AT ALPHINGTON

#### RUNNING CLUB WHEN: WEDNESDAYS 7.30AM TO 8.15AM WHERE: AGS GYM AND RUNNING TRACK MS RAHME

Increase your cardiovascular fitness (aerobic power) with running sessions tailored to individual fitness levels.

NOTE: Healthy breakfast will be provided to students after the session



#### WALKING CLUB WHEN: THURSDAYS (TERM 1) LUNCHTIME - WEATHER PERMITTING WHERE: WALKING TRACK MS MALLIS AND MS THEODOROPOULOS

Join fellow students for a brisk walk along the pathway to the Darebin Parklands and back to school. All fitness levels welcome. Throughout the term we aim to improve our fitness levels and reduce stress. Walking allows you to connect with other students.

Please let staff know of any injuries or health issues you may have. Bring your walking shoes, water bottle and any medication you require.



TENNIS WHEN: TUESDAYS (TERM 1) 3.45PM TO 4.30PM COMMENCING 16 FEBRUARY WHERE: TENNIS COURTS MR STONE

Tennis Club is an opportunity to come along and have a hit with fellow students. A basic level of tennis is preferred and a racquet can be provided if you don't own one. Play for fun or compete against other students. Numbers are capped at 12 students.

Expressions of interest need to be submitted by **Friday 5 February**. to your Homeroom Mentor. Names will be drawn and successful students will be notified via email.

BASKETBALL WHEN: TUESDAYS 3.45PM TO 4.30PM YEARS 7 -9 THURSDAYS 3.45PM TO 4.30PM YEARS 10 - 12 WHERE: AGS GYM MS RAHME



Do you play basketball? Come show off your skills. Students of all abilities are invited to join in pickup games. There are no drills, just short games designed to get everyone involved. MOTIVATION STATION WHEN: FRIDAYS 7.30AM TO 8.15AM. COMMENCING 19 FEBRUARY WHERE: AGS GYM MS RAHME AND MR CRAIG MOTTRAM

Improve your physical and mental performance, both on and off the field. Build resilience, strength and conditioning;; develop aerobic fitness whilst undertaking core training.

Four time Olympian, World Championship and Commonwealth Games medalist **Craig Mottram** holds several local, state, national and international records in running. Through years of experience gained as a professional athlete, Craig emphasises the importance of adopting a multi-faceted approach to professional and personal achievement and success.

Motivation Station focuses on improving your physical and mental performance on and off the field.

NOTE: Healthy breakfast will be provided to students after the session

#### YOGA: MOVE AND MEDITATE WHEN: THURDAYS 8.15AM TO 8.45AM WHERE: AGS GYM MS TODARO



Are you interested in finding out what yoga is all about? Do you want to stretch and strengthen your body, while also calming your mind? Start the school day on the right side of the bed.

Join Ms. Todaro's morning "Move and Meditate". This 30 minute class will focus on helping you build the basics of a yoga practice - moving through yoga postures, focusing on breathing and strengthening your 'mindful' muscles with a little meditation.

In addition to teaching Literature, English and Media Studies, Ms. Todaro is a fully qualified Vinyasa Flow yoga instructor and invites you to come and try yoga. All levels of fitness and experience are welcome.

OVERWATCH ESPORTS WHEN: MONDAYS 1.15PM TO 2.00PM WHERE: ROOM B203 DR NASTASIE



Overwatch is a team-based multiplayer first-person shooter developed and published by Blizzard Entertainment. Described as a "hero shooter", Overwatch assigns players into two teams of six, with each player selecting from a large roster of characters, known as "heroes", with unique abilities. This is a group dedicated to the understanding, coaching and improvement of Overwatch Esport.

As with any sport, this takes strategy, teamwork, persistence and practice. The group is open to brand new players or veterans of the game, with coaching and advice delivered in a collaborative manner.

**What you need:** you will need to have your own individual Overwatch account to play the game (console or PC). We will be using past match replay codes to VOD review individual performances. In order to run the game at school (not compulsory) a personal laptop is needed.



HOUSE SPORT COMPETITION WHEN: LUNCHTIMES 1.15PM TO 2.00PM DURING TERM WHERE: VARIOUS VENUES, CHECK FIXTURE MS OLIVIA RAHME

House sport competitions will earn students points for their respective Houses.

## Creativity at Alphington





#### POLYMER CLAY CREATIONS WHEN: MONDAYS 1.15PM TO 2.00PM,TERM 2, WEEKS 4 - 8 WHERE: ROOM B204 MR MICHAEL GRIGORIADES

Polymer clay is a material often used in arts and crafts. Throughout the 5 week program, you will explore a range of techniques to support your polymer clay creations. You will create pieces such as key chains, mini sculptures, figurines and jewellery. Put your hands to use and see what you can create.



PHOTOGRAPHY CLUB WHEN: MONDAYS 1.15PM TO 2.00PM,TERM 1, WEEKS 5 - 9 WHERE: ROOM B204 MRS MILLER

If you've ever wanted to learn photography, or enhance your skills, sign up to the Photography Club. We'll navigate our way through all the technical requirements of digital SLR photography, ISO, shutter speed and aperture; as well as composition, angles and light. We will learn some fun photography tricks and take part in a competition each week.

COSTUME MAKEUP WHEN: TUESDAYS 4.00PM TO 5.00PM,TERM 1 3 X 1 HOUR WORKSHOPS WHERE: ROOM 204 MS GREALISH



Do you covet the "Best Costume" EHASS Week prize? Have you ever wished that you could transform into your favourite book/film/TV show character? Have you been intrigued by face painting but not known where to start? Join Ms. Grealish for a short three week course in face painting and costume make up for beginners. Learn basic face painting techniques, including how to create fake scars using latex, glue and face paint.

Due to the nature of the course, numbers will be capped at a maximum of 10 students. Expressions of interest must be submitted to House Mentors by **Friday 5 February.** Names will be drawn randomly from a hat and successful students will be contacted by email.





DRAMA CLUB WHEN: TUESDAYS 3.45PM TO 4.30 WHERE:THE STAGE C102 MR WEST

Thespians! Come one, come all to another op'nin' of another show. Release your inner Shakespeare and channel the spirit of Meryl Streep. Through improvised scenarios, scene studies and script performances, you'll learn all of the techniques used to act, sing, dance, write and be the star you've always dreamt of being. All levels welcome.

BREAD MAKING AND OLIVE OIL INFUSION WORKSHOP WHEN: THURSDAYS 1.30PM TO 1.50PM AND 3.45PM TO 4.45PM COMMENCING 10 FEBRUARY WHERE: LYCEUM MR PAPOULIS AND MS KATSIFOLIS





Do you love the smell of freshly baked bread and, drizzling olive oil all over it? Would you like to learn how to infuse olive oil with wonderful new flavours? Bring your apron and join us for a series of 5 workshops where you will learn to bake bread and infuse olive oil.

Due to the nature of the course, numbers will be capped at a maximum of 10 students. Expressions of interest must be submitted to House Mentors by **Friday 5 February**. Names will be drawn randomly from a hat and successful students will be contacted by email.





OLIVE HARVEST AND BOTTLING WORKSHOP WHEN: WEDNESDAYS 3.45PM TO 4.45PM, COMMENCING TERM 1 WEEK 9 THROUGH TO TERM 2 WEEK 5 WHERE: LYCEUM

Are you interested in picking the olives from the School's olive trees and pickling them for eating? Learn how to prepare olives for bottling. The olives will be bottled and sold to commemorate the 200 years of Greek Independence. A student art competition will determine the label design to be featured on the olive jars. The winning artist will be awarded a prize.

Due to the nature of the course, numbers will be capped at a maximum of 10 students. Expressions of interest must be submitted to House Mentors by **Friday 5 February.** Names will be drawn randomly from a hat and successful students will be contacted by email.

## **STEM at Alphington**



#### STEM CLUB - FOOD SCIENCE WHEN: WEDNESDAYS 1.15PM TO 2.00PM, COMMENCING TERM 2 WHERE: LYCEUM KITCHEN MS EVANGELISTA

Who doesn't love food? It's fun to make, it's fun to eat, it's fun to... study? That's right! There is a lot of science that goes into the everyday foods that you love. In this 5 week course, explore questions such as how baking ingredients work, how temperature completely changes food, and even how to make your own candy!

Each week you will make a new delicious snack and baked good to enjoy, while at the same time learning the science behind why they work. If this program tantalises your taste buds, then don't hesitate to join... spots are limited! Due to the nature of the course, numbers will be capped at a maximum of 10 students. When all expressions of interest have been submitted in Houserooms by **Friday 5th February**, Ms. Evangelista will pick 10 names from a hat and will contact the successful students by email.



#### MICROSOFT EXCEL AND ONENOTE MASTERCLASS WHEN: WEDNESDAYS 1.15PM TO 2.00PM, COMMENCING TERM 2 WHERE: ROOM B104 MS DU

It doesn't matter whether you are in Year 7, Year 9 or Year 12, this program is just for you! This 5-week course is designed with the most essential Excel features, functions, tools and techniques so that you can perform excel related works efficiently as well as the key features on OneNote for note-taking in order to boost efficiency.

Learn the basic skills of using Microsoft Excel and oneNote, to improve learning efficiency.

CODING USING TI-NSPIRE TECHNOLOGY [ROVERS] WHEN: WEDNESDAYS 1.20PM TO 1.50PM, TERM 1, WEEKS 5 - 10 WHERE: STEM LAB B102 MR DIAMANDIKOS

For the technologically minded/oriented, join this class to engage in short and structured activities that build understanding of Math concepts, Programming Logic and Coding skills.

Easy to use and no previous knowledge necessary! Advantage: you will gain a better understanding of the TI-Nspire CAS calculator which is used at VCE Maths level later on.

Learn coding and basic controls that allows the TI-Rover to move (includes the

TI-Innovator Hub with basic electronic sensors, LED's e.t.c.)Due to the nature of the course and availability of equipment, numbers will be capped at a maximum of 12 students. When all expressions of interest have been submitted in Houserooms by **Friday 5th February** at the latest. Mr. Diamandikos will pick 12 names from a hat (if there are more than 12 requests) and will contact the successful students by email.



ALPHA CLUB WHEN: THURSDAYS 1.15PM TO 2.00PM, WEEKS 4 - 9 WHERE: ROOM B102 MR WU

Have you ever wondered what happens in 'ALPHA' classes? ALPHA Club is the perfect taster for those questions you would like to explore further, beyond just the classroom and include:

- If I have a ground-breaking idea, how would I set up a business?
- What is the future of Science and Technology, and what does it mean for humanity?
- If I want to ponder the meaning of life, how do I know if I would ever find the

answer?

If this program sounds like it's for you, don't hesitate to sign up – everyone is welcome! An extension program of 5 weeks per term (repeated in Semester 2) offers a glimpse into the topics that most interest you and your future.

## Social Clubs at Alphington

CULTURE CLUB WHEN: TUESDAYS 1.15PM TO 1.55PM WHERE: ROOM B214 MS DIAKODIMITRIOU



Do you love learning Greek and Chinese and want to learn more about these languages and the cultures behind them? No matter your level of ability, join Ms. Diakodimitriou every Tuesday lunchtime to practice your language skills and have fun with hands on activities such as kite making,

puppets and plays. You can come to one session or attend them all!



CHESS CLUB WHEN: CASUAL CHESS WEDNESDAYS 1.15PM TO 2.00PM WHERE: ROOM B107 CHESS COACHING THURSDAYS 3.45PM TO 4.45PM COST: \$95 PER TERM WHERE: ROOM B216 MR WHITE AND MRS STEWART

Do you want to learn to think like a boss and engage in mortal combat of the mind? Then Chess Club is for you! Join Mr. White and Mrs. Stewart to learn and master one of humankind's oldest, most complex and beautiful games. Chess Club offers casual chess, as well as coaching and

interschool tournaments. Chess boards provided. Note: participation in interschool Chess Tournaments only available to participants in Chess Coaching.

PERSONAL DEVELOPMENT AND LIFE SKILLS WHEN: TUESDAYS 1.15PM TO 2.00PM WHERE: ROOM B204 MRS YARNTON



Are you interested in finding out more about make-up, skin, hair and nail care? Do you freeze when asked to present an oral presentation or speak publicly? Do you wonder what piece of cutlery is used for each course? Do you wonder which type of perfume suits you or what clothing and colours work best for you? If so, Mrs Yarnton's "Personal Development and Life Skills" is for you!

This 45 minute class will focus on helping you build confidence, improve your knowledge of etiquette and teach you how to apply beauty products effectively. At the end of the course, you will receive an authorised certificate for your résumé!





DUNGEONS AND DRAGONS WHEN: THURSDAYS 3.45PM TO 4.30PM WHERE: LIBRARY MR PANARA AND MRS NELLIGAN

Calling intrepid adventurers! If you've ever heard of Dungeons and Dragons and never had the chance to play... this is your opportunity! D and D is a worldwide, table-top role playing game, using dice and your imagination to tell a story. It's part board game, part acting, all fun!

Join Mr. Panara & Mrs. Nelligan for short campaigns throughout the year. Available for students from Year 5 to 12.

FRIDAY MORNING TRIVIA WHEN: FRIDAYS 8.00AM TO 8.40AM WHERE: ROOM B104 MR SMART



Throughout 2021 I will be running a trivia club each Friday before school starts. Spend time with fellow trivia buffs in a casual atmosphere while waiting for the school day to begin. Typical meetings involve asking and answering trivia questions on a wide range of topics from geography to computer games and movies. The club welcomes anyone who is interested in spending time together answering trivia questions and students in all grades are welcome and no prior experience is necessary.



#### DEBATE CLUB WHEN: TUESDAYS 1.15PM TO 2.00PM WHERE: ROOM B213 MR PANARA AND MRS NELLIGAN

Have you got a talent for public speaking or perhaps want to develop your skills further? Do you enjoy a good argument? Do you love getting involved in competitions? If so, Debate Club is for you! Come along and join Mr. Panara, Ms. Milburn, and the Debating Association of Victoria for some rigorous debates as we go head-to-head with a variety of other schools. Develop your skills, earn your colours and have fun!

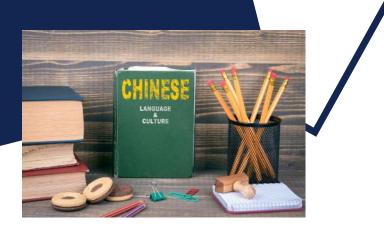
WOLF OF ALPHINGTON - STOCK MARKET TRADERS CLUB WHEN: THURSDAYS 1.15PM TO 2.00PM COMMENCING 4 MARCH 10 WEEKS WHERE: ROOM B210 MR LOGAN



The Stock Market Traders Club is open to students in Years 10 - 12. As it is a competition open to all Australians who have registered to play in the ASX Share Market Game, you will compete against not just students at Alphington but against all registered competitors. We will be trading using the ASX200 and you will have \$50,000 play money to invest. There will be a prize for the AGS winner as well as syndicate prize money if you win overall and in Victoria.



CHINESE BOOK CLUB WHEN: THURSDAYS 1.15PM TO 1.55PM WHERE: ROOM B216 MR LEI



Do you love learning Chinese characters, want to learn them faster and read more Chinese characters in a fun way? Do you want to start reading Chinese story books? No matter your level Chinese, join Mr. Lei every Thursday lunchtime to apply your Chinese and practice your

language skills, and immerse yourself in a wonderful world of Chinese literature.

This club will run in Term 1 and Term 3.





BOARD GAME CLUB WHEN: FRIDAYS 1.15PM TO 2.00PM WHERE: ROOM B103 MR GREGORIADES AND MR SMART

When people hear board games, their first thoughts are often Monopoly or Scrabble. In Board Game Club we are leaving these classics in the past where they belong. Modern board games have made huge leaps and bounds over the past 20 years. Casual or competitive, there is a board game for everyone. Sign up to Board Game Club and see what modern board games are all about.

LGBTQIA+ CLUB WHEN: WEDNESDAYS 1.15PM TO 2.00PM TERMS 1 AND 2, WEEK 5 AND 9 WHERE: THE STAGE C102 MR WEST



Join Mr. West for a monthly lunch and discover the vibrant rainbow world of the LGBTIA+ community. Each lunch will have different installations, activities and information centred around Queer Music, Entertainment, History and Identity to show the diverse culture offered under the queer umbrella.

Light food and refreshment will be served. This lunch is for everyone under the queer rainbow, and all of their straight compatriots who want to learn more. Come celebrate and learn more about the many facets of rainbow life.





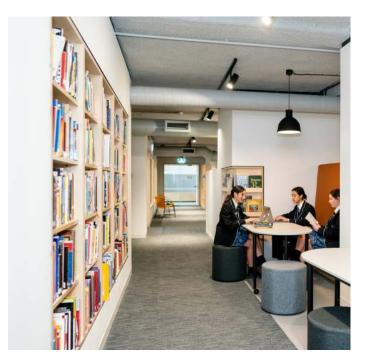
#### BOOK TALKERS CLUB YEARS 7 -8 WHEN: FRIDAYS 1.15PM TO 2.00PM WHERE: LIBRARY MULTIFUNCTION ROOM

Do you enjoy discussing and recommending books? Would you like to be involved in the selection of books for the library? Do you want to part of the reading culture of the school? We will not be selecting books that everyone in the club reads and discuss. We will be discussing your favourite reads, award winning books and new books that come into the library. There will be visits to bookshops, activities around books and other special treats.

BOOK CHAT SENIOR BOOK CLUB YEARS 9-12 WHEN: MONDAYS 1.15PM TO 2.00PM WHERE: LIBRARY MULTIFUNCTION ROOM MS MARE



Do you love books and want to share that passion with your fellow students? Do you love recommending books that have inspired you? Are you stuck for knowing what to read and want to hear what other students are reading? Then join the Book Chat Senior Book Club and learn what new books are available, which books are award winners and having the chance to select books and read them first. The club will be facilitated by Ms. Mare.



## **MUSIC AT ALPHINGTON**

#### C - POP MUSIC FOR INTERNATIONAL STUDENTS WHEN: FRIDAYS 1.15PM TO 2.00PM WHERE: MUSIC ROOM

There is lot of good music out there that is not necessarily sung in English. This is a chance for our international students to get together and practice and perform some tracks from any language – it could be C-pop, K-pop, rap, or whatever takes your fancy. Play your favourite tunes by bands from around the world.

Note: this activity is for international students only. Bring your own instruments, if you can. Drums and keyboards will be supplied.



AGS DRUM CORPS WHEN: MONDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT MR OTTO

Have you ever wanted to learn drums or be a part of a marching band/drumline? Well look no further! Come join Mr. Otto for AGS's very own drumline. You'll get the chance to learn how to play different drums, play songs, make new friends, and perform live at various AGS events. We cater to all musical abilities, so beginners are encouraged to join. Drumline will rehearse once a week, so come on down and start your week off with a bang!

A CAPELLA CHOIR WHEN: FRIDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MS ATWA

Love singing in the car and in the shower? Come join Ms. Atwa and discover what musical teamwork is! This choir takes contemporary music and arranges it for voices only. It is a great way for instrumentalists to enhance their musicality, for vocalists to enhance their understanding of accompaniment and for beginners to gain confidence and knowledge in singing.

This choir is open to all abilities and is a safe space for everyone to learn, make mistakes, improve their singing and have a great time doing so!



#### ALPHINGTON CHORALE WHEN: MONDAYS 8.15AM TO 9.00AM AND FRIDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT MRS WILSON AND MS ATWA

The Alphington Chorale is our premier senior singing ensemble and is open to students of all abilities and singing experience. The choir rehearses twice a week with the Head of Music and Performing Arts along with our voice teacher. We study a diverse range of choral repertoire and develop part singing and performance skills.

The choir performs regularly throughout the year at key school events, concerts and assemblies. This is a wonderful opportunity for students to enjoy singing with others from across year levels.

SENIOR BAND WHEN: MONDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT MR OTTO



Have you always dreamed about being in a band and not known where to start? Ever wanted to cover your favourite bands but have no band to play with? Senior Band is for you! With Mr. Otto at the helm, you'll be playing like your favourite bands in no time! At Senior Band, you'll get the opportunity to cover popular songs, play music with your mates, get more

proficient on your instruments, and perform live at various AGS events.

Students in Years 10-12 playing any and all instruments are welcome. Senior Band will rehearse once a week, so unleash your inner rock star with us!



VCE MUSIC MASTERCLASS SESSIONS WHEN: MONDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR ZOCCHI

Take your music repertoire to the next level. Concert pianist, former VCE examiner and living legend Mr. Zocchi will host a morning music masterclass, aimed at developing your instrumental repertoire to hone-in and make it the best it can be. This session is tailored to VCE music students, but is open to anyone practicing music and wanting to develop their repertoire further.

MASTERING MUSIC THEORY WHEN: MONDAYS 3.45PM TO 4.30PM WHERE: MUSIC DEPARTMENT MR OTTO



Do you love music, but struggle with the theory side of things? Do you love music theory and want to know more about how it works? Are you ambivalent about theory, but need to study for your upcoming theory exam? Well look no further! Mr. Otto will break down theory into its fundamental levels and work with you to develop your understanding and ensure that you ace that next theory test!



#### LATIN BAND WHEN: TUESDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT MR KAPRALOS

Hola, Mi Amigos! The AGS Latin Band is back for 2021 and is preparing a repertoire that will surely get hips shaking from Alphington all the way down to the summer fiestas of the South Americas. Led by Mr. Kapralos, the ensemble will focus on developing the playing skills and technical proficiency of students of all abilities and encourage an environment that promotes inclusivity, and above all – FUN! Learn, rehearse and perform Latin music in a group setting with fellow students from your year level.

GREEK BAND WHEN: TUESDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR KAPRALOS



Love listening to and playing Greek Music? Join Mr. Kapralos to learn contemporary and traditional Greek music on any instrument! This band performs regularly at both school events and events within the Greek community. Enhance your technique, ensemble playing skills and knowledge of Greek music and culture every Tuesday morning. This band is open to and caters to all instrumental and vocal abilities and levels.



#### YEAR 7 BAND WHEN: THURSDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT

Year 7 Band is an opportunity for all Year 7 students to socialise through music! During weekly rehearsals, students will be enhancing their playing and ensemble skills as well as getting to know their peers. All instruments and abilities are welcome!

WIND ENSEMBLE WHEN: WEDNESDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR MCADAM



Attention! Brass and Woodwind players. Join Mr. McAdam on Wednesday mornings to hone your instrumental technique and play diverse music from a large range of genres: from classical and jazz, through to pop, film and contemporary. All levels welcome!



#### GREEK CHOIR WHEN: FRIDAYS 8.15AM TO 8.45AM WHERE: MUSIC DEPARTMENT MS BINDEVIS NAD MS DIAKODIMITRIOU

What better way to practice your Greek skills and learn about Greek culture than through song? Join our multi age Greek choir to learn songs from famous Greek composers, increase your confidence in Greek and have fun. There will be opportunities to perform throughout the year.

YEAR 8 BAND WHEN: WEDNESDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT MR LEACH

Are you in Year 8? Do you love music? Do you love to sing? Do you want to be in a great band? Well look no further – Mr. Leach is hosting a weekly Year 8 band rehearsal with the aim of learning a few songs, building your musicianship and the best part is ANYONE can be involved! There is no requirements and no minimum level of playing to be involved. We just

want keen students who love music and want to learn, rehearse and (eventually) perform some great music ranging from Pop, Rock, Hip-Hop and other forms of modern and contemporary music. Learn, rehearse and perform modern contemporary music in a group setting with fellow students from your year level.



METALPHINGTON WHEN: THURSDAYS 3.45PM TO 4.30PM WHERE: MUSIC DEPARTMENT MR LEACH

Righto, Metal Heads – this is the opportunity you've been waiting for! Mr. Leach is proud and excited to be running "MetalphingtoN" an all-new ensemble focused on learning and performing loud and rocking music! This ensemble is aimed at any music student with a passion for Rock, 90s Grunge and Metal styles with a focus on improving and developing their technical proficiency on their instruments. This is not for the faint hearted and will require strong dedication to your craft, your instrument and will test your allegiance to the Lords of Chaos \m/ Learn, rehearse and perform Hard Rock and Heavy music in a group setting with fellow students from your year level.

ALPHINGTON ORCHESTRA WHEN: TUESDAYS 1.15PM TO 2.00PM AND FRIDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR BAKER



Do you play an orchestral instrument? Do you dream of playing music at the big school events like speech night and the music showcase? If so, come and join your orchestra and experience making music together and playing classic film scores and well known pieces. Come on, you know you want to! Learn and rehearse pieces of music with other musicians to perform at various school wide events.



ALPHINGTON FOLK BAND WHEN: THURSDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR BAKER

Do you want to sing campfire songs, learn simple dance tunes or re-imagine songs for acoustic instruments? If so, come, bring a friend and experience making music together. There is no note reading, learn by ear and tap into the mindfulness of playing simple tunes from memory. Come on folks, you know you want to! Learn and rehearse tunes and songs that could be played around the campfire.

ALPHINGTON STRING PLAYERS WHEN: TUESDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR BAKER



Do you play a violin, viola, cello or double bass? If so, come and join our ensemble and experience making music together, string music that blends and bends through the air. Classical, jazzy, gypsy, folkie and rocky, we can do it all. Learn and rehearse pieces of music with other string players to perform at school wide events.



#### GUITAR ENSEMBLE WHEN: THURSDAYS 8.15AM TO 9.00AM WHERE: MUSIC DEPARTMENT MR KAPRALOS

This exciting new ensemble is for all guitars to ban together and play a range of music from various styles! Join Mr. Kapralos for your opportunity to transfer your knowledge of solo guitar playing into an ensemble setting. Acoustic and electric guitars and bass are welcome and encouraged to join in!

GIRLS BAND WHEN: MONDAYS 1.15PM TO 2.00PM WHERE: MUSIC DEPARTMENT MS ATWA



GRL PWR! This band is for all female identifying students who love to come together to play great music. This band invites all instruments and vocalists to a weekly rehearsal with Ms. Atwa where we will play music from a range of genres including, pop, rock and folk. This space is an inclusive environment where young women support and encourage young women. This band is open to all, from beginners to advanced musical students..